

SAYLOR O'BRIEN

Para Alpine Skiing · Spina bifida



SIS

Sisters in Sports Foundation

BIOGRAPHY

Born with Spina Bifida, a spinal birth defect, O'Brien skied most of her childhood. With athlete parents, it seemed fitting for her to join a sport, so skiing it was at age four. Growing up near Park City, Utah meant plenty of skiing opportunities. O'Brien wanted to compete and joined a Park City program and has been competing for six years. At about 8 years old, she wanted to race because she loved going fast. Her dream has been to go to the Paralympics, and in pursuing this, she found the National Ability Center (NAC) competition team. The NAC has provided support, a cheering squad and family, and O'Brien intends to ski for the rest of her life.

What gives O'Brien strength prior to races, is hugging her teammates and coaches so she can remember and feel it as she's racing.

With the 2026 winter Paralympics in mind, O'Brien entertains the idea of a place on the podium and going to multiple Paralympic games. She looks up to her my mom, athletes, and other young women who want to show up in a mainly male dominated sport and kick ass. One day she would like to be a tattoo artist, ski coach and mentor.

ACHIEVEMENTS

I've tried just about every sport you could think of! At age 4 I started skiing. I immediately fell in love with it. It became my favorite thing in the whole world and its what got me into para ski racing. I've been competing the last 8 years and this is my 2nd season on the US Para Ski Team.

- 2x World Championship Bronze medalist *Alpine Combined & Super G* US & CAN
- Speed National Champion 2024 2x World Cup medalist *Slalom & Giant Slalom



Sports Hero

Picabo Street is my sports hero! She's been a wonderful friend and mentor and has inspired me to be authentic in who I am and in the skier that I am. She's shown me how to be different and how to embrace that.

My athlete Aspirations

2026 Winter Paralympic games, win the Gold in Super G at the next World Champs and become the best Para female ski racer in the world.

Hobbies

"I'm an Artist (its my side hustle) I really LOVE music!